



November 2018 Lunch Menu

Monday	Tuesday	Wednesday	Thursday	Friday
			1 Alfredo Pasta Broccoli Fresh Fruit	2 Chicken Teriyaki with Rice Broccoli Fresh Fruit
5 Turkey and Cheese Wraps Carrots Fresh Fruit	6 Spaghetti Vegetable Marinara Fresh Fruit	7 Grilled Chicken and Rice Mixed Vegetables Fresh Fruit	8 Grilled Cheese Green Beans Fresh Fruit	9 Cheese Pizza Cucumbers Fresh Fruit
12 	13 Cheese Quesadillas Corn Fresh Fruit	14 Grilled Cheese With Tomatoes and Basil Fresh Fruit	15 Baked Ziti With Vegetables Fresh Fruit	16 Ham and Cheese Wraps Carrots Fresh Fruit
19 Vegetarian Noodle Stir Fry Fresh Fruit	20 Bean and Cheese Burritos Corn Salsa	21 Harvest Feast 	22 Happy  Thanksgiving	23 
26 Broccoli Mac n Cheese Fresh Fruit	27 Mushroom Risotto Peas Fresh Fruit	28 Turkey and Cheese Wrap Carrots Fresh Fruit	29 Alfredo Pasta Broccoli Fresh Fruit	30 Cheese Pizza Carrots Fresh Fruit