



October 2018 Lunch

Monday	Tuesday	Wednesday	Thursday	Friday
1 Broccoli Mac n Cheese Pears	2 Cheese Quesadillas Corn Apples	3 Chicken Stir Fry Oranges	4 Spaghetti Vegetable Marinara Grapes	5 Baked Beans Cornbread Carrots Melon
8 Turkey and Cheese Wraps Oranges Peas	9 Beef Taquitos Salsa Avocado Carrots	10 Grilled Chicken Steamed Rice Mixed Vegetables Grapes	11 Beef and Vegetable Chili Tortilla Chips Avocado	12 English Muffin Cheese Pizza Carrots Apples
15 Chicken WonTons Steamed Rice Oranges	16 Beef and Bean/Cheese Burritos Corn Salsa	17 Vegetarian Stir Fry Apples	18 Meatball Sandwiches Grapes Peas and Carrots	19 Cheese Pizza Green Beans Oranges
22 Ham and Cheese Wraps Melon Corn	23 Cheese Quesadillas Lettuce Grapes	24 Vegetarian Nachos Salsa Oranges	25 Buttered Noodles Broccoli Strawberries	26 Cream of Mushroom Risotto Peas Apples
29 Beef and Vegetable Chili Tortilla Chips Avocado	30 Grilled Cheese Tomato Corn	31 Broccoli Mac n Cheese Apples		